

The background of the cover is a stylized illustration of a globe in shades of blue and teal. A large, leafy green tree is positioned on top of the globe, its branches spreading out. The text is overlaid on this background.

NIRBIM
FOUNDATION
ANNUAL
REPORT
2023-2024

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INTRODUCTION

Nirbim Foundation is a community-oriented organization dedicated to the promotion of education, social awareness, and inclusive development, with a strong focus on empowering underserved communities and strengthening grassroots initiatives. The organization is located at 3rd Floor, Bimal Complex, Vishwanath Nagar, Begusarai, Bihar 851101, and actively works at the local level to address educational, social, and developmental needs.

Established with the vision of holistic and sustainable development, Nirbim Foundation focuses on capacity building, awareness generation, and community participation to improve quality of life. Over the years, the organization has built strong relationships with community members, which supports effective planning and smooth implementation of its programs and activities.

Guided by the principles of equality, service, and social responsibility, the Foundation ensures that its initiatives are inclusive and accessible to all sections of society, regardless of caste, religion, gender, or economic status. Collaboration with local stakeholders and institutions further strengthens the reach and long-term impact of its efforts.

Through its continuous initiatives, Nirbim Foundation aims to promote social harmony, encourage self-reliance, and support overall community well-being. The organization envisions a progressive and equitable society where individuals are empowered through education, awareness, and collective action.

NGO DETAILS

SR. NO.	TOPIC	DETAILS
1.	NGO NAME	NIRBIM FOUNDATION
2.	NGO ACT	COMPANIES ACT 2013
3.	NGO REGISTRATION NUMBER	U85300BR2022NPL0 56220
4.	NGO REGISTRATION DATE	02-02-2022
5.	NGO AUTHORIZED PERSON	DR NAWNEET KUMAR
6.	E-MAIL ID	nirbimfoundation@ gmail.com
7.	MOBILE NUMBER	+91 8877366661
8.	NGO DARPAN ID	BR/2024/0391329
9.	NGO WEBSITE	nirbim.org
10.	PAN NUMBER	AAICN0556B

MISSION

To educate the people for adopting the good norms of a good citizen and to work for spreading the ideas of nationality among the people empowerment of the rural women for better living.

VISION

For every young Indian to be employable, have self-worth and lead a dignified and productive life.

MANAGEMENT COMMITTEE

SL. NO.	NAME	DESIGNATION
1.	DR NAWNEET KUMAR	MANAGING DIRECTOR
2.	DR POONAM KUMARI	DIRECTOR

NUTRITION PROGRAM

Nirbim Foundation conducts the Nutrition Program to address issues related to malnutrition, unhealthy food habits, and lack of nutritional awareness among children, women, and economically weaker sections of the community. The program is designed to encourage healthy eating practices and improve overall nutritional well-being through regular awareness activities and community involvement.

The program focuses on creating awareness about balanced diets, essential nutrients, and the importance of locally available and seasonal foods for maintaining good health. Awareness sessions, group interactions, and simple demonstrations are organized to help families understand meal planning, child nutrition, maternal nutrition, and ways to prevent nutrition-related health issues.



Special attention is given to mothers, adolescent girls, and caregivers, as they play a key role in shaping household food habits. The program also connects nutrition with hygiene, safe drinking water, and basic health practices to support overall physical growth, immunity, and mental well-being.

Through continuous awareness efforts and active community participation, the Nutrition Program aims to reduce nutritional deficiencies, promote sustainable food practices, and build healthier communities. The initiative supports long-term improvement in quality of life by empowering people with basic knowledge and practical skills for better nutrition management.



PLANTATION PROGRAM

Nirbim Foundation conducts the Plantation Program to address environmental degradation, loss of green cover, and lack of awareness about the importance of trees in daily life. The program aims to promote environmental responsibility and encourage community members to actively participate in creating a cleaner, greener, and healthier surrounding.

The initiative focuses on planting saplings of native and useful tree species in public places, schools, roadsides, and community spaces. Along with plantation activities, simple awareness sessions are conducted to explain the role of trees in improving air quality, conserving biodiversity, maintaining ecological balance, and supporting climate resilience.



Special emphasis is placed on involving students, local residents, and community groups to build a sense of ownership and care for the planted saplings. The program also highlights the importance of regular watering, protection, and maintenance to ensure the healthy growth and survival of trees.

Through continuous plantation drives and community involvement, the Plantation Program aims to increase green cover, improve environmental conditions, and promote sustainable living practices. The initiative contributes to long-term environmental protection by encouraging people to adopt tree plantation and conservation as a shared community responsibility.



EYE CAMP DRIVE

Nirbim Foundation conducts the Eye Camp Drive to address common eye-related problems and lack of access to basic eye care services among children, elderly people, and economically weaker sections of the community. The program aims to promote eye health, early detection of vision problems, and timely guidance for proper treatment through organized community-level camps.

The drive focuses on basic eye check-ups, vision screening, and awareness about common eye diseases such as refractive errors, cataracts, and eye infections. Qualified medical professionals and volunteers assist in conducting examinations and guiding beneficiaries on eye care practices, use of spectacles, and the importance of regular eye check-ups.



Special attention is given to senior citizens, school-going children, and daily wage workers who often ignore eye health due to lack of awareness or resources. The program also spreads simple messages on eye hygiene, safe use of digital screens, and prevention of eye strain to support long-term visual well-being.

Through regular eye camp activities and community participation, **Nirbim Foundation** aims to improve access to basic eye care services and reduce preventable vision problems. The Eye Camp Drive contributes to better quality of life by helping individuals maintain good vision and carry out daily activities with confidence and ease.



YOGA PROGRAM

Nirbim Foundation conducts the Yoga Program to promote physical fitness, mental well-being, and a healthy lifestyle among people of all age groups in the community. The program aims to create awareness about the benefits of yoga in maintaining overall health and managing daily stress through simple and regular practice.

The program includes guided yoga sessions, breathing exercises, and basic meditation practices conducted by trained instructors. Participants are introduced to easy yoga postures that help improve flexibility, posture, balance, and relaxation, making the sessions suitable for beginners as well as regular practitioners.

Special focus is given to students, working adults, and senior citizens to address age-specific health needs such as concentration, stress management, joint flexibility, and overall vitality. The program also emphasizes the importance of consistency, correct practice, and integrating yoga into daily routines for long-term benefits.



Through regular yoga sessions and active community participation, **Nirbim Foundation** aims to encourage healthy habits, mental calmness, and overall well-being. The Yoga Program supports long-term health improvement by helping individuals adopt yoga as a natural and sustainable way to maintain a balanced and healthy life.



TRIBAL AWARENESS PROGRAM

Nirbim Foundation conducts the Tribal Awareness Program to support tribal communities by addressing social, educational, and awareness-related challenges. The program aims to create understanding about rights, welfare schemes, and basic development opportunities while respecting the cultural identity and traditional practices of tribal populations.

The initiative focuses on spreading awareness about education, health, nutrition, livelihood options, and government support programs relevant to tribal communities. Interactive meetings, group discussions, and simple awareness activities are organized to share information in an easy and accessible manner.

Special attention is given to tribal women, youth, and community leaders to strengthen participation and collective decision-making within the community. The program also promotes awareness about hygiene, health practices, and the importance of education for improving living conditions and future opportunities.



Through continuous awareness efforts and close community engagement, **Nirbim Foundation** aims to empower tribal communities with knowledge and confidence. The Tribal Awareness Program contributes to inclusive development by encouraging informed participation, self-reliance, and sustainable community growth.



CONCLUSION

Nirbim Foundation remains dedicated to advancing inclusive and people-centric development at the grassroots level, with special emphasis on enhancing the well-being of children, women, tribal groups, and other underserved sections of society. Through thoughtfully designed initiatives such as Nutrition Support Activities, Health Check-up Camps, Yoga and Wellness Programs, Environmental initiatives with plantation drives, and Tribal Awareness Programs, the Foundation responds to immediate community needs while also building a strong base for long-term social progress.

By combining health education, environmental stewardship, physical and mental wellness, and community participation, Nirbim Foundation ensures a sustainable and measurable impact on the lives it touches. Its consistent efforts reflect a clear vision of nurturing a healthier, informed, and self-reliant society, where individuals are equipped with awareness, confidence, and opportunities to live with dignity, resilience, and renewed hope.

THANKS & REGARDS

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